

National Suicide Prevention and Awareness Month

Being a kid or teen isn't easy. There are personal, social and school pressures every day. Handling these changes can be hard. Kids and teens who are also dealing with mental illness are more likely to have a tough time and may even have thoughts of taking their own lives. How can you support friends and your child in such a crisis? FIRST, it's important to take all thoughts of harming oneself seriously.



Georgia Families 360°SM will host a series of events during National Suicide Prevention and Awareness Week (Sept. 5 – 11)

September 7, 2021 | 10:00 AM & 6:30 PM EST

Georgia Families 360°SM & National Alliance on Mental Illness (NAMI) Presents:

Ending the Silence Virtual Community Forum

NAMI's Ending the Silence is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition.

Click the QR Codes Below to Register:







6:30 PM Session

September 8, 2021 | 5:00 PM EST

Sound the Alarm on Suicide Awareness and Prevention Youth Poetry Slam

Come witness the voices of youth statewide as they sound the alarm on Suicide Awareness and Prevention through a creative expression of spoken word and visual art.

We will also be celebrating organizations that support suicide a wareness and prevention.

Youth interested in participating please contact Nolan.Carr@amerigroup.com, 470-362-8797 to sign up and receive additional details.

> Join us: Meeting ID: 959 6367 7030 Passcode: 826063

September 9, 2021 | 12:00 PM EST

AGP Health Day:

Suicide Awareness and Prevention

Join us to receive helpful information from the Georgia Department of Behavioral Health and Developmental Disabilities along with other key organizations that lead efforts addressing suicide awareness and prevention. There will raffles and activities for prizes available.

> Click QR Code to join (Meeting ID: 98413655627 Passcode: 691558)



September 10, 2021

Wear teal and purple to show your support and increase awareness around Suicide Prevention Month. Use the hashtag #suicideprevention and like/share via social media.

24/7 free and confidential support, contact the National Suicide Prevention Life Line:

1-800-273-8255

For mental health services and resources in your area, contact the Amerigroup Georgia Families 360° SM Member Intake Line:

855-661-2021