Connections Matter.

Whether it's lending a helping hand, offering a listening ear, or giving a shoulder to lean on, our connections keep us strong, healthy, and more connected with ourselves and each other. Connections with friends, families, and neighbors make a difference in our communities, too, and help make our world a better place.

We are launching a video project on the power of connections to build stronger communities. We invite you to take some time to share how your connections have had a positive impact on your life and the lives of people you care about.

Five youth and five adult stories will be chosen for inclusion in the final video project.

Requirements

Share your story in writing, audio file, or video file and email the file(s) to casting@banyancom.com. You must include your name, age, phone number, and city of residence.

IF SUBMITTING VIA VIDEO, **FOLLOW THESE STEPS**

- Set up/hold your phone in a natural environment that is visually appealing, comfortable, and familiar.
- Vertical framing.
- Ensure there is ample lighting.
- Ensure that you are in a quiet place.
- Please do NOT add music or text.

TIPS

- Please make videos no more than 2 minutes in length.
- Be yourself or feel free to improv.
- Be unique. Stay true to who you are and your own lived experiences.

Action!

Record yourself answering one or two of the following questions:

FOR ADULTS

- How does connecting to others make a difference in your life?
- When was a time you needed a connection for help? How did it feel to get connected during your time of need?
- When did a connection reach out to you for help? How did it feel to connect with them during their time of need?

FOR YOUTH

- How does connecting to others make a difference in your life?
- Who are the connections that matter to you?
- How do you know when you need support from a connection?

Submit Your Stories by March 8, 2023

Share your story via email to casting@banyancom.com. Remember to include your name, age, phone number, and city of residence. Thank you for your interest!

IMPORTANT: Please make sure to include your FULL NAME in the file name before you submit.





