

# Warm Winter Reflections for December 2021

## Life Skills Webinar Series

### December Workshops

(14 – 21 ILP Eligible Youth Only)

Date	Time	Subject
Dec. 2	6 - 7PM	Hot Cocoa and Confidence - Let's Talk About Self - Confidence Over Hot Coco
Dec. 8	6 - 7PM	The Finals - End Of The Year Finals - Reflections Of The Year
Dec. 11	11AM - Noon	Moving with Intention – Virtual Vision Board
Dec. 14	6 - 7PM	Loving Yourself by Managing Your Finances - Budgeting Tips
Dec. 16	6 - 7PM	Ways to Stay Healthy During the Holidays - Healthy Meal Options
Dec. 22	6 - 7PM	Winter Wonderland – Ugly Sweater Contest/Game Night
Dec. 28	6 - 7PM	What About Your Friends? Friend vs. Foe
Dec. 30	6 - 7PM	Virtual New Year's Parade - Let's Hear Your Voice

To Register,  
[Click Here](#)

For More Info Visit  
[csph.org/ilp](https://csph.org/ilp)

Questions or Concerns Contact us at  
[GARYSE-ILP@csph.org](mailto:GARYSE-ILP@csph.org)

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