RBWO: Foundations Standards Guide

Division of Family and Children Services Office of Provider Management

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Overview

One of the Division of Family and Children Services' missions and goals is to develop and maintain *a stable*, *competent and professional workforce*. Such an effort is critical to strengthening families and achieving the Division's outcomes of safety, permanency and well being of children and families. Room, Board and Watchful Oversight (RBWO) providers place on average around 45% of children and youth in care. The majority of older youth have historically been in RBWO placements. RBWO providers are therefore a key partner in DFCS' ability to achieve its outcomes. Thus supporting certain training aspects of RBWO staff, supports the overall goals of DFCS and ultimately should result in a stronger working partnership with RBWO providers, increase the knowledge of RBWO staff regarding DFCS policies, practices and goals, and result in better outcomes in safety, permanency and well-being for children and families.

Within the Division of Family and Children Services (DFCS) the Office of Provider Management (OPM) is responsible for facilitating, managing and tracking in-service and on-going training for certain RBWO staff. OPM will provide CPA and CCI staff in the roles of case support worker (CSW), case support supervisor (CSS) and human services professionals (HSP) a 160-hour new hire training experience that consists of classroom instruction, e-learning, field practice and competency evaluations. OPM will also track in-service training accomplished by CSW, CSS and HSP staff members to ensure that these staff participate in at least 24 hours of in-service training annually.

Information on the CSS, CSW and HSP roles are located in the RBWO Minimum Standards which can be accessed on the GA+Score website.

RBWO: Foundations

RBWO: Foundations is the course title for the 160 hour RBWO new hire training. It was adapted from the DFCS New Worker Training guidelines to specifically support the development of knowledge and skills of RBWO staff who serve in case support and supervisory positions within their RBWO agencies. Foundations addresses child welfare career preparatory areas that build general knowledge regarding child welfare practices and policy in DFCS, RBWO standards and working in partnership with DFCS case managers. The overall objective of Foundations is to provide RBWO staff (CSS, CSW, HSP) with information to help them be successful in their RBWO roles which includes working within the DFCS practice model, understanding DFCS policies, RBWO

standards and working in partnership with DFCS case managers to accomplish positive outcomes for children and families.

The complete *Foundations* course consists of three (3) weeks of e-learning / field practice experience and one (1) week of classroom instruction for a total of four (4) weeks of instruction. The e-learning / field practice component includes DFCS policy, RBWO Minimum Standards, confidentiality, Performance Based Contracts goals and other pertinent topics. Topics are presented as webinars, self-study and other assignments which are conducted at the RBWO agency or in the local community. The classroom instruction component is comprised of topics such as the history of child welfare services, applicable federal and state laws, DFCS values and culture, family–centered practice, trauma-informed child welfare practices, child maltreatment, IMPACT overview, RBWO Individual Service Plan and Discharge Plan, the DFCS Case Plan and working in partnership. Classes will be offered at central locations statewide and on a monthly basis.

The classroom component of *Foundations* culminates with a knowledge-based competency test based on the materials covered during the 5-day classroom experience. The test which consists of objective questions (multiple choice and true-false) must be passed with a score of at least 80% in order to earn credit for the classroom component. The online component of *Foundations* also has knowledge-based tests, as well as module completion verification activities that are required.

The *Foundations* plan also meets Kenny A consent decree requirement Item 10 (B) 3 which states that certain RBWO staff, whose work activities mirror those of DFCS case managers or supervisors, must complete a training curriculum comparable to DFCS' new worker training. Foundations meets the requirement which states that the training must consist of at least 160 hours of classroom, internet and/or supervised field instruction approved by DHS/DFCS to ensure that the general content areas are appropriate to the work being performed.

Integration into Existing Staff Training Plans

The *Foundations* course is not designed to be an all-inclusive "new worker" preparation replacing the RBWO agency's existing training plan for CSS, CSW or HSP staff. *Foundations* does not "certify" RBWO staff as DFCS case managers in any area (i.e...as a CPS case manager or permanency case manager etc...). *Foundations* is a supportive component to the RBWO agency's existing preparation of its work force. *Foundations* should therefore be integrated into the RBWO agency's existing new staff training plan.

OPM will track compliance, but is not responsible for providing any in-service training courses for any RBWO staff. RBWO providers maintain responsibility for ensuring that their staff receives 24 hours of annual training. As a supportive service however, OPM *may* offer in-service training courses or recommend courses. OPM will monitor inservice training compliance of CSS, CSW and HSP staff using the existing processes used by agencies to report staff training for performance based placement outcomes via GA+SCORE. No extra or additional effort is required by agencies.

Information on the Performance Based Placement measures can be accessed on the GA+Score website.

Change Management

To assist with implementation of the *Foundations* course into the RBWO provider's existing training plan, RBWO provider directors and training coordinators will be offered the *RBWO Foundations: Director's Overview*. This overview includes key components for helping CSS, CSW and HSP staff successfully complete the course. Information such as transfer of learning, tracking progress, incorporating *Foundations* into the existing agency training plan and ideas for on-going staff professional development will be covered. The *Director's Overview* will be offered 2-3 times a year, or as needed.

GA SCORE Documentation of CSS, CSW and HSP Staff

All staff members who serve in the role of CSS, CSW and HSP are required to be documented as such in the GA+SCORE system. Each CSS, CSW, and HSP will have a unique GA+SCORE ID number which is required to register for *RBWO Foundations*. The unique GA+SCORE ID number can be found by clicking on the staff person's name in the GA+SCORE Staff List for your agency. The staff's unique ID number will be displayed in the header just above the purple tab. Questions regarding GA+SCORE data entry should be directed to tech@caresolutions.com.

Time Frame for Course Completion

Unless exempted by a waiver, CSS, CSW and HSP staff members have **six** (6) **months**, from their date of hire, to complete the entire *Foundations* 4-week course which includes both the classroom and e-learning /field practice components.

If existing CSS, CSW and HSP staff members have not completed training within the six (6) month deadline, they must be reassigned to roles other than CSS, CSW or HSPs until the training is successfully completed. Agencies identified as systematically failing to ensure that staff meets training requirements are subject to admissions suspension and OPM contract termination.

Components Registration Distinction

The complete *Foundations* course consists of three (3) weeks of e-learning / field practice experience and one (1) week of classroom instruction. Classroom instruction will be held on a Monday – Friday schedule. The registration and completion requirements for the e-learning/field practice component and the classroom component are two distinct processes.

E-learning/Field Practice Registration and Requirements

The e-learning/field practice component of *Foundations* consists of three (3) defined blocks of self-paced e-learning and practical experiences. Each block provides 40 hours of credit for a total of 120 hours of self-paced e-learning and practical experiences. The three (3) blocks are not designed to build upon each other; they are not sequential learning experiences. Each topic within the blocks is a standalone learning experience. Therefore, the learner may choose to complete the lessons in the suggested sequence outlined in the participant manual (which will be provided to registrants) or as best suits their personal learning style. However, once the participant registers for the e-learning/field practice course, the entire three blocks (120 hours) must be completed within 90 calendar days which includes submission of the Block Supervision Forms (instructions will be provided to registrants).

Registration for the e-learning/field practice component will always be open. However, there is a formal registration process for tracking purposes. Sessions begin and close during the first week of each month. Once registered, the learner will receive confirmation of their registration. Before the start date of the next session, the learner and his/her supervisor will receive complete instructions on accessing materials and quizzes, submission instructions, and notification of the expiration date of the course (90 calendar days from the start date of the session). The e-learning/field practice registration information is posted on www.gascore.com.

In order to receive a certificate of completion for the E-Learning/Field Practice

component, a participant must complete the entire three blocks (120 hours) by the deadline, which **includes submission of the Block Supervision Forms** (BSFs). BSFs can be found on GA+SCORE under Items of Interests on the home page click on RBWO Foundations Materials. By not completing and submitting the Block Supervision Forms by the course end date, another registration request form must be submitted.

All confirmation tests have a testing limit of two (2) attempts. Failure to achieve the minimum test score after the second attempt will require a test reset. In addition, notification will be sent to the participant's supervisor. For a test reset contact opmtraining@dhs.ga.gov.

Classroom Instruction Registration

The one (1) week classroom instruction component of *Foundations* will be offered at locations throughout the state. There are no fees for registration. Once registered, the participant will receive confirmation of their registration and logistics information. In order to successfully complete the course, participants may not miss more than 2 hours of cumulative instruction, and must successfully pass a course exam with at least a score of at least 80%.

Schedules will be published on the GA+Score website. Registration slots will be filled in the order received. Providers who are interested in donating training space for at least 25 participants should notify OPM.

Concurrent Registration

Participants may be concurrently registered for the e-learning/field practice and classroom instruction. However, the timeframe for completing the entire *Foundations* course must still be met. (See Timeframe for Course Completion)

RBWO-Foundations Classroom Component Testing Policy

In order to successfully complete the classroom component of *Foundations*, participants must pass a competency based test which is based on the content covered during the 5-day classroom experience. The test consists of objective type test questions. The test must be passed with at least a score of 80%. Participants who fail to score at least 80% on the first attempt will be given one additional opportunity to pass the test on a separate date. Participants who on the second opportunity fail to make at least the minimum score will

be required to re-take the entire classroom component. Although there is no set time for retaking the test, the timeframe for completing the entire *Foundations* course must still be met. (See <u>Timeframe for Course Completion</u>) Test retake requests should be made to <u>opmtraining@dhs.ga.gov</u>.

Training Waivers

The training waiver process provides staff the opportunity to be exempted from some, or the entire *Foundations* course. There are two types of training waivers: Waiver-Classroom Component (W-CC) and Waiver- All Components (W-AC). The W-CC type waives only the classroom instruction component of the *Foundations* course. Classroom instruction is one (1) week of the four (4) weeks of *Foundations*. The W-AC type waives the entire *Foundations* course which includes both the classroom instruction and elearning/field practice components. There is not a waiver for the e-learning/field practice component only.

Waiver-Classroom Component (W-CC)

Staff members who are granted the classroom instruction waiver (W-CC) must still take the e-learning/field practice component of *Foundations*. The W-CC waiver type will be granted under the following conditions:

• The employee has had *continuous full-time employment in a child welfare administrative, supervisory, case manager or case support position in a Georgia public or private child welfare agency for at least the last three years but less than five years.

OR

• The employee has had *continuous full-time employment in a child welfare administrative, supervisory, case manager or case support position in a Georgia public or private child welfare agency for at least the last two years but less than five years and has a **master's degree eligible for clinical licensure in Georgia.

Waiver- All Components (W-AC)

Staff members who are granted the All Components waiver (W-AC) are exempted from the entire *Foundations* course which includes the classroom instruction and online/field

practice component. They are not required to take the skills-based competency test. The W-AC waiver type will be granted under the following conditions:

• The employee has had *continuous full-time employment in a child welfare administrative, supervisory case management or case support position in a Georgia public or private child welfare agency for at least the last five years.

OR

• The employee has had *continuous full-time employment in a child welfare administrative, supervisory, case manager or case support position in a Georgia public or private child welfare agency for at least the last four years **and** has a *master's degree eligible for clinical licensure in Georgia.

OR

• The employee has certification from Georgia DFCS as a CPS, Foster Care or Adoptions case manager or supervisor.

*Continuous employment is defined as no more than one, 60 day or less break in full-time employment.

** The Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists determines which master's degrees are license eligible. Information is available at http://sos.georgia.gov/plb/counselors/.

New Hire Waiver Applications

Waivers for new staff in the roles of CSS, CSW, or HSP, should be submitted as soon as possible, but within **15 calendar days of their hire date**. Waiver applications must be submitted via http://www.surveymonkey.com/s/RBWOFoundationsWaiverRequest.

The Office of Provider Management will review requests and determine if the staff person qualifies for the waiver. A written response will be provided detailing which waiver type, if any, has been granted. Complete waiver applications, which includes submission of any additional supporting information directly requested by OPM, will be processed within 20 business days. Incomplete waiver applications will be delayed or denied.

Auditing RBWO Foundations

RBWO Foundations is required for CSS, CSW and HSP staff. Agency staff members who supervise those roles, or who are responsible for monitoring training, are welcomed to register and take the course, if space permits. However, auditing is not allowed. All individuals who take the course must also take the knowledge-based competency test.

Annual Training Tracking

OPM will track annual training requirements for CSS, CSW and HSP staff via the GA+SCORE system which RBWO providers already use to document performance based goals which includes a staff annual training goal. Therefore, OPM's tracking effort does not require any additional documentation or effort by providers.

Although OPM is only tracking the training of CSS, CSW and HSP staff, providers should ensure that all staff members required by RBWO Standard 13.23 to receive annual training are completing the training requirement. Annual training should increase the knowledge, skills and abilities of staff and enhance their ability to be successful in their roles. Annual training may be obtained through group classes, 1:1 instruction and online. Other verifiable modes of training may also be approved upon request through OPM. OPM *may* offer professional development or training courses throughout the year, but RBWO agencies are responsible for ensuring that their staff receives the required amount of training. Meeting annual training requirements is a Performance Based Placement (PBP) measure.

If staff do not receive 24 hours of annual training by end of each fiscal year (June- July), they must be reassigned to other roles until the training is successfully completed. Agencies identified as systematically failing to ensure that staff meets training requirements are subject to admissions suspension and contract termination.

Information on training requirements is located in the RBWO Minimum Standards which can be accessed on the GA+Score website.

Using RBWO: Foundations to Meet Annual Training Requirements

Participants may use training hours earned through *RBWO Foundations* to meet their annual training requirements. CEUs are not offered at this time. Certificates of completion will be provided for both components of the *Foundations* course.

RBWO Foundations Curriculum Content Overview

Foundations addresses child welfare career preparatory areas that build knowledge regarding child welfare practices and policy in DFCS and support working in partnership with DFCS case managers. The overall objective of Foundations is to provide RBWO staff (CSS, CSW, HSP) with an overview of Georgia DFCS child welfare practices, RBWO standards and working in partnership with DFCS case managers to accomplish positive outcomes for children and families.

The complete *Foundations* course consists of three (3) weeks (blocks) of e-learning / field practice experience and one (1) week of classroom instruction.

E-Learning/Field Practice Block 1: Introduction to Child Welfare in Georgia DFCS

How to Use the Training

Introduction to Foundations

Orientation to DHS/DFCS

Welcome to OPM

Skills for Successful E-Learning and Field Practice

RBWO Minimum Standards

Supervision as Leaders of Practice Change: Tools and Approaches

The Child and Family Services Review

The Adoption and Safe Families Act

The Multiethnic Placement Act (MEPA)

Foster Care Intake

Foster Care Case Management

Common Factors in Case Management with Children and Families

Best Practices for Minimizing Placement Moves: Module 19

Best Practices for Keeping Kids Safe in Care: Module 21

Ethnics in Child Welfare Supervision

Child Welfare 360: Secondary Trauma in Child Welfare Workforce: Spring 2012

Practice Notes: Issue #22 Supervision: The Key to Strengthening Practice in Child

Welfare Winter 2009

Achieving Quality, Commitment and Competence in the Child Welfare Workforce

Issues in Rural Child Welfare

Understanding Substance Use Disorders, Treatment and Family Recovery: A Guide for

Child Welfare Professionals

Learning Dreams

Adora Svitak: What Adults Can Learn From Kids

E-Learning/Field Practice Block 2: Meeting the Needs of Children and Families

Child Development 101

Human Trafficking

Human Trafficking and Runaway and Homeless Youth

Improving Special Education for Children with Disabilities in Foster Care

Car Seat Safety

Awkward Topic: Let's Talk About Sex

Holidays, Celebrations, and Traumatically Bereaved Children

Developmental Perspectives on Sexual Behavior in Children and Adolescents

Exploring the Vulnerabilities of LGBTQ Youth: An Open Discussion

Healthy Habits: Encouraging Healthy Eating and Physical Activity in Young Children

Best Practices in the Treatment of Abused Children and Their Families

Introduction to Family Centered Practice

Knowing Who You Are: Helping Youth in Care Develop Racial and Ethnic Identity

Psychotropic Medication Use Among Children and Youth in Care True Colors: Building Connections Between Children and Mentors

Bonding and Attachments in Maltreated Children

The Cost of Caring: Secondary Traumatic Stress and the Impact of Working with High

Risk Children and Families

When It's In The Family: How to Handle Sibling Sexual Abuse

Educational Services

Organizational Self Study on Educational Stability

Parenting the Sexually Abused Child

It's My Life

Child Welfare 360: Promoting Placement Stability 2010

E-Learning/Field Practice Block 3: Safety, Permanency and Documentation

Confidentiality

CPS Intake

CPS Making the Case for Safety

CPS Investigations

Mandated Reporting: Critical Links in Protecting Children in Georgia

RBWO FY 13 Performance Based Contract Measures Documentation Overview

GA SHINES Portal

Discipline and Safety Standards

Qualitative Foster Home Reviews (CPAs Only)

Monitoring for Safety

Understanding How Social Networking Sites Are Used

ESI Scenario (CCIs Only)

Ansell Casey Life Skills Assessment: Practitioner's Guide

Youth Perspectives on Permanency

The Sibling Bond

Permanency Planning

Youth Who Run From Residential Care (CCIs Only)

Suicide Prevention: Saving Lives One Community At A Time

Effective Case Documentation

RBWO Contact Standards

Child Welfare 360: Child Welfare and Technology

Challenges in Helping Youth Live Independently

Organizational Self Study on Family Engagement

A Child's Journey Through the Child Welfare System

Digital Stories

Classroom Instruction

Child Welfare in Georgia

DFCS Values

CFSR Measures

Trauma Informed Child Welfare Practice

Child Maltreatment

Safety Response System

Independent Living

Placement Stability

Roundtables

Family Team Meetings

Domains of Well-Being

Every Parent Every Month

Every Child Every Month

Significant Events

Behavior Management

Consent Decrees

Individual Services Plans

Discharge Plans

Working in Partnership

Family Centered Practice

Partnership Parenting

Concurrent Planning

RBWO Foundations Director's Overview

This course is an overview of the *RBWO: Foundations* curriculum, and includes information on transfer of learning and ideas on staff professional development. It will provide RBWO leadership with an understanding of the time commitments involved in completing *Foundations* and ways to support their staff's completion of the learning blocks. This 1-day course will be offered 2-3 times a year to RBWO directors and training coordinators.